

| <u><b>MEN'S CLOTHING</b></u><br>(New or gently used)   | <u><b>WOMEN'S CLOTHING</b></u><br>(New or gently used)   | <u><b>PERSONAL CARE</b></u>   | <u><b>KITCHEN/FOOD</b></u>   | <u><b>SHELTER</b></u><br>(New or gently used)  |
|--|--|---|--|--|
| <b>Underwear (new) !!</b><br><b>Socks</b>  | <b>Underwear (new) !!</b><br><b>Socks</b>  | <b>Basic toiletries, any size (soap, shampoo, conditioner, body wash)</b><br><br><b>Hand &amp; foot warmers</b>   | Plastic/paper plates<br>Microwaves<br>Toaster<br>Meat slicer<br>(commercial kitchen grade)   | Sleeping Bags<br><b>Washable blankets (single/twin)</b><br>Pillows<br>Comforters<br><b>TVs (50"-60")</b><br><b>Furniture (wipeable material – please email first)</b><br><b>Washer/dryer</b>   |
| All men's clothing: jeans, sweatpants, hoodies, t-shirts, etc.<br><br>Warm jackets<br><br><b>Gloves/mitts</b><br>Toques<br>Scarves   | Leggings, jeans, sweaters, hoodies, etc.<br><br>Warm jackets<br><br><b>Gloves/mitts</b><br>Toques<br>Scarves | <b>Towels, hand towels, face cloths</b><br><br><b>Incontinence Underwear (Pull-ups only, all sizes)</b><br><br><b>Tampons (regular) Pads (regular)</b><br>Toothbrushes (new)<br>Toothpaste (new)<br>Razors (new)<br>Shaving Cream<br>Cotton Swabs<br>Deodorant (men & women)<br>Nail clippers (new)<br>Hair brushes/combs (new) | Bottled water<br>Coffee (beans/ground)<br>Sugar<br>Rice*<br>Beans/lentils*<br>Pasta*<br>Granola Bars*<br>Snacks* (ready to eat or microwave; does not require refrigeration)<br><br><i>*We only accept wholesale quantities of canned food</i> | <u><b>OTHER SUPPLIES</b></u><br>Board games<br>Books & magazines<br>Arts & Crafts supplies<br>Party supplies (balloons, hats, etc)<br>Guitar, drums & other handheld instruments<br>Karaoke machines<br>Plastic storage bins<br><br>Pet coats<br>Collars & harnesses<br>Pet food<br>Dog training<br><br>Walkers/scooters<br>Scooter chargers |
| <p><b><i>*Please note: we do not accept donations of kitchen supplies/appliances (except microwaves), mattresses, or children's clothing.</i></b></p> <p><i>If you have any of these items to donate, please consider giving them to WIN:</i><br/> <a href="https://www.womeninneed.ca/donating-clothing-and-housewares">https://www.womeninneed.ca/donating-clothing-and-housewares</a></p> |  |   |  |  |

**Donations can be dropped of at:**

1027 Pandora Ave (Raincoast Business Centre) – Monday-Friday, 8am-5pm. Please come to our front door, ring the doorbell, and someone will come greet you and accept your donations.

Our storage space is unfortunately very limited. Please get in touch before bringing in a large amount of items, or items not on this list.

**Thank you for your support, care, and generosity!**

For further information please contact:

**Emily Makarenko, Gifts in Kind Supervisor**

[emilym@ourplacesociety.com](mailto:emilym@ourplacesociety.com) | 250-940-5060 ext. 5102

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Visit our website at [ourplacesociety.com](http://ourplacesociety.com)